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**Global Alström Virtual Conference**

**Friday 4th December 2020: 2:00 – 6:30 pm (UK, GMT)  
Saturday 5th December 2020: 2:00 – 8pm (UK, GMT)**

**Friday 4th December 2020  
Scientific Symposium**

2:00 – 2:10 pm **Welcome from Ann Chivers, ASUK Chief Executive**

**Around the world with Alström Syndrome (AS)**

2:10 – 2:30 pm **Research and Insights from China**   
Qianwen Zhang,   
Dr. Xiumin Wang, Chief of Department of Endocrinology, Genetics and Metabolism.  
Shanghai Children Medical Center

2:30 – 2:50 pm **Insights from France**  
Dr. Vincent Marion  
Team Leader at National Institute for Health and Medical ResearchHôpitaux Universitaires de Strasbourg

2:50 – 3:10 pm **Research in Edinburgh**; role that unhealthy fat tissue plays in the diabetes, heart and liver problems seen in AS.  **Dr Rob Semple**Chair of Translational Molecular Medicine  
Centre for Cardiovascular Science, University of Edinburgh

3:10 – 3:30 pm **Q&A session**, with researchers

3:30 – 3:40 pm QUICK BREAK

3:40 – 4:00 pm **Exploring the new Clinical Guidelines**  
Prof. Pietro MaffeiConsultant Endocrinologist  
Padua University, Italy

4:00 – 4:20 pm **Exploring new Clinical Management for Adult’s**   
Dr Tarek Hiwot  
Consultant in Inherited Metabolic Disorders, AS Adult Clinical Lead  
University Hospital, Birmingham

4:20 – 4:40 pm **Exploring new Clinical Management for Children**  
Prof. Tim Barrett  
Professor of Paediatric Endocrinology, AS Paediatric Clinical Lead  
Birmingham Women's and Children's NHS Foundation Trust

4:40 – 5:00 pm **Q&A session** with Pietro, Tarek and Tim

5:00 – 5:20 pm The development of **European Reference Networks**  
Marina Valenti  
Italian Association Alström Syndrome, Padua, Italy

5:20 – 5:40 pm **Use of Telemedicine** in a highly specialised service  
Kerry Leeson-Beevers  
ASUK National Development Manager

5:40 - 6:00 pm **Q&A** session with Marina and Kerry

6:00 – 6:20 pm **Future hope, discoveries and working together**Round-up with Ann Chivers

**Day 2 Health and Wellbeing**

**Around the world with Alström Experts**

**Chaired by Ann Chivers, ASUK Chief Executive**

2:00 – 2:10 pm **Welcome from Robin Marshall**   
Executive Director, Alström Syndrome International (ASI)

2:10 – 2:30 pm **Introduction to the day from Ann Chivers**  
ASUK, Chief Executive

Summary from **Scientific Symposium**Ann Chivers,ASUK Chief Executive

2:30 – 2:50 pm **Covid-19 update and Guidelines  
Ann Questions Tarek and Tim**  
Dr Tarek HiwotConsultant in Inherited Metabolic Disorders, AS Adult Clinical Lead  
University Hospital, Birmingham

Prof. Tim Barrett  
Professor of Paediatric Endocrinology, AS Paediatric Clinical Lead  
Birmingham Women's and Children's NHS Foundation Trust

2:50 – 3:30 pm **Q&A session**

3:30 – 3:40 pm QUICK BREAK

3:40 – 4:00 pm **Healthy Hearts, Healthy You**   
Dr Rick Steeds  
AS Adult Cardiac Consultant   
University Hospital Birmingham

4:00 – 4:20 pm **Healthy Minds, Healthy You**   
Sarah Turner, Assistant Psychologist  
Birmingham Women's and Children's NHS Foundation Trust

4:20 – 4:40 pm **Live life on the Veg!**  
Catarina Leal, Paediatric Diabetes Dietitian  
Birmingham Women's and Children's NHS Foundation Trust

4:40 – 4:50 pm **Q&A session**

4:50 – 5:00 pm QUICK BREAK

5:00 – 5:20 pm **Journey to Independence, personal perspective from America**Jamie Seeger

5:20 – 5:40 pm **Technology I wouldn’t be without**  
Alex Griffiths-Rayson

5:40 – 6:10 pm **Stay Safe Online**  
 Keeping you and your loved ones safe online,  
 Robin Watts

6:10 – 6:20 pm **Q&A session**

6:20 – 6:40 pm **Jamie** finishes with a rendition of ‘I did it my way’ on the piano!!

6:40 – 6:50 pm Ann rounds up the day

6:50 – 7:00 pm QUICK BREAK before **‘Time to chat’** starts…

**Grab your new link to one of the chat rooms and join at 7:00pm**

**Time to Chat**

7:00 – 8:00 pm **Room 1** Cooking up a storm, gadgets that help   
(Carrol and Chris)

**Please join this session from your computer, tablet or smartphone.**  
**[https://www.gotomeet.me/AlstromSyndromeUK/cooking-up-a-storm](https://www.gotomeet.me/AlstromSyndromeUK/cooking-up-a-storm" \t "_blank)**

7:00 – 8:00 pm **Room 2** Growing up with AS, empowering independence   
(Alex and Melissa)

**Please join this session from your computer, tablet or smartphone.**  
[**https://www.gotomeet.me/janebiglin/growing-up-with-as**](https://www.gotomeet.me/janebiglin/growing-up-with-as)

7:00 – 8:00 pm **Room 3** Exercise and the feel-good factor   
(Dr Richard Paisey)

**Please join this session from your computer, tablet or smartphone.****[https://www.gotomeet.me/asyachoudry/exercise-and-feeling-good](https://www.gotomeet.me/asyachoudry/exercise-and-feeling-good" \t "_blank)**

7:00 – 8:00 pm **Room 4** Support from the community for those recently diagnosed (Kerry Leeson-Beevers)

**Please join this session from your computer, tablet or smartphone.**  
[**https://www.gotomeet.me/kerryleeson/support-for-recently-diagnosed**](https://www.gotomeet.me/kerryleeson/support-for-recently-diagnosed)

*Please note this agenda may be subject to change due to circumstances outside of our control.*